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Your trip to Sydney would be incomplete without 'Three Sisters'

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Nature at its best (Source: Sandip Hor)

Written by **Sandip Hor**, Edited by **Parmita Uniyal** | Sydney | Posted: August 12, 2014

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“Did you see the Three Sisters?” is the question you will be often asked by frequent visitors to Sydney after you return home from a trip to the east coast Australian city, famous for its Harbour Bridge, Opera House and Bondi

Beach. You may have met Three Sisters through your family and friends in Sydney.

So what exactly is Three Sisters?

Three unique rock formations in the Blue Mountains, a mountainous region, its foothills starting at about 50 kilometres west of Sydney is called Three Sisters. Each of these rocky lumps stands at 922, 918 & 906 metres tall, respectively. That's over 1000 metres above sea level! Wow.

According to indigenous legend they represent three tribal sisters 'Meehni', 'Wimlah' and Gunnedoo' who fell in love with three brothers from another tribe. The native law then did not allow inter-tribal marriages. Obviously the brothers were not happy, so they used force to capture the sisters causing a major tribal battle. As the lives of the three sisters were in danger, a witchdoctor turned the three sisters into stone to protect them from any harm. He thought of reversing the spell after the battle. Unfortunately the witchdoctor himself got killed during the combat. Since he was the only one who restore the ladies to their former beauty, the sisters unfortunately had to remain in their magnificent rock formation as a reminder of the battle for generations to come.



Awesome Three Sisters (Source: Sandip Hor)

Blue Mountains with its ensemble of spectacular gorges, streaming waterfalls, enchanting mountain caves, lush rainforests and expansive tablelands and rolling valleys, is a great outdoor place any time of the year. It glows in autumn, chills in winter, bursts with colour in spring and refreshes you in summer. The domain is densely populated by oil bearing Eucalyptus trees releasing finely dispersed droplets of oil that combine with dust, vapour and sunlight to give the atmosphere a bluish haze and thus the name. An area said to be ten times older than the Grand Canyon, the Blue Mountains region was World Heritage listed in 2000, in recognition of its geographic and cultural importance.

So no visit to Sydney is complete without a trip to the iconic location, the 19th century town of Katoomba being the hub of the quarter. While wandering along its hilly streets lined with shops, cafes and restaurants one can

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Breathtaking cliffs (Source: Sandip Hor)

There are no shortages of things to do when there, walking through bush-filled mountain paths being the most popular exercise.

The Blue Mountains National Park features more than 140 kilometres of trails and walking tracks. Visitors can choose from any of the numerous continued...

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